

# January 2025

# 9th - 12th Grade Menu



## Jan

MENU 2025


### ANNOUNCEMENTS:

All students eat  
Breakfast & Lunch  
Free.

A la carte items are  
available for  
purchase separately.

For student account  
information or to add  
funds via online  
portal, please visit  
[linqconnect.com](http://linqconnect.com) or  
call 1-844-467-  
4700.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Breakfast: Variety WG Muffin with String Cheese  Lunch: WG Chicken Nuggets, French Fries, Baked Beans, WG Roll	Breakfast: WG Pancake Sausage on a Stick  Lunch: Chicken Alfredo, Corn, Green Beans, WG Breadstick	Breakfast: WG Cinnamon Roll w/Icing  Lunch: Cold Cut Sub, Baby Carrots & Celery, Lettuce/Tomato
Breakfast: French Toast Sticks w/Sausage (WG)  Lunch: Cheeseburger on WG Bun, Fries, Baked Beans	Breakfast: Ham, Egg & Cheese Croissant (WG)  Lunch: Grilled Cheese (WG), Chili con Carne, Corn, Broccoli & Cheese	Breakfast: WG Pancakes w/Bacon  Lunch: WG Corn Dog, Fries, Green Beans	Breakfast: Sausage Breakfast Pizza (WG)  Lunch: Chicken Teriyaki, Oven Fried Rice, Steamed Broccoli, Glazed Carrots	Breakfast: Fruit Parfait  Lunch: Cold Cut Sub, Baby Carrots & Celery, Lettuce/Tomato
	Breakfast: WG Cinnamon Bun  Lunch: Cheesy Chicken Fajita, Corn, Refried Beans	Breakfast: BIG Breakfast, Eggs, Grits, Sausage & WG Toast  Lunch: Pulled Pork Sandwich on WG Bun, French Fries, Mixed Vegetables	Breakfast: WG Pancake Sausage on a Stick  Lunch: Oven Roasted Chicken, Black Eyed Peas, Glazed Carrots, WG Cornbread	Breakfast: Mini Cinnis (WG)  Lunch: Cold Cut Sub, Baby Carrots & Celery, Lettuce/Tomato
Breakfast: French Toast Sticks w/Sausage (WG)  Lunch: BBQ Chicken Sandwich on WG Bun, Fries, Baked Beans	Breakfast: Ham, Egg & Cheese Croissant (WG)  Lunch: Grilled Cheese (WG), Chicken Noodle Soup, Baby Carrots, Side Salad	Breakfast: WG Pancakes w/Bacon  Lunch: Chili Dog, French Fries, Mixed Vegetables	Breakfast: Sausage Breakfast Pizza (WG)  Lunch: Spaghetti w/Meat Sauce, Corn, Green Beans, WG Breadstick	Breakfast: WG Cinnamon Roll w/Icing  Lunch: Cold Cut Sub, Baby Carrots & Celery, Lettuce/Tomato

“WG” indicates Whole Grain items.

**Breakfast Choices Served Daily:** Variety Fruits, Variety Whole Grain Cereal, Variety Juice & Variety Milk.

**Lunch Choices Served Daily:** Variety Fruits, Vegetables, Smart Mouth Pizza, Soy Butter & Jelly Grab & GO, Salad Options, & Variety Milk .

Menus Subject to change.

This institution is an equal opportunity provider.

# January 2025

# 6th - 8th Grade Menu



## Jan

MENU 2025


### ANNOUNCEMENTS:

All students eat  
Breakfast & Lunch  
Free.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Breakfast: Variety WG Muffin with String Cheese  Lunch: WG Chicken Nuggets, French Fries, Baked Beans, WG Roll	Breakfast: WG Pancake Sausage on a Stick  Lunch: Chicken Alfredo, Corn, Green Beans, WG Breadstick	Breakfast: WG Cinnamon Roll w/Icing  Lunch: Pepperoni Pizza (WG), Baby Carrots, Celery, Side Salad
Breakfast: French Toast Sticks w/Sausage (WG)  Lunch: Cheeseburger on WG Bun, Fries, Baked Beans	Breakfast: Ham, Egg & Cheese Croissant (WG)  Lunch: Grilled Cheese (WG), Chili con Carne, Corn, Broccoli & Cheese	Breakfast: WG Pancakes w/Bacon  Lunch: WG Corn Dog, Fries, Green Beans	Breakfast: Sausage Breakfast Pizza (WG)  Lunch: Chicken Teriyaki, Oven Fried Rice, Steamed Broccoli, Glazed Carrots	Breakfast: Fruit Parfait  Lunch: Cold Cut Sub, Baby Carrots & Celery, Lettuce/Tomato
	Breakfast: WG Cinnamon Bun  Lunch: Cheesy Chicken Fajita, Corn, Refried Beans	Breakfast: BIG Breakfast, Eggs, Grits, Sausage & WG Toast  Lunch: Pulled Pork Sandwich on WG Bun, French Fries, Mixed Vegetables	Breakfast: WG Pancake Sausage on a Stick  Lunch: Oven Roasted Chicken, Black Eyed Peas, Glazed Carrots, WG Cornbread	Breakfast: Mini Cinnis (WG)  Lunch: Pizza Crunchers, Marinara Sauce, Baby Carrots, Side Salad
Breakfast: French Toast Sticks w/Sausage (WG)  Lunch: BBQ Chicken Sandwich on WG Bun, Fries, Baked Beans	Breakfast: Ham, Egg & Cheese Croissant (WG)  Lunch: Grilled Cheese (WG), Chicken Noodle Soup, Baby Carrots, Side Salad	Breakfast: WG Pancakes w/Bacon  Lunch: Chili Dog, French Fries, Mixed Vegetables	Breakfast: Sausage Breakfast Pizza (WG)  Lunch: Spaghetti w/Meat Sauce, Corn, Green Beans, WG Breadstick	Breakfast: WG Cinnamon Roll w/Icing  Lunch: Cold Cut Sub, Baby Carrots & Celery, Lettuce/Tomato

“WG” indicates Whole Grain items.

**Breakfast Choices Served Daily:** Variety Fruits, Variety Whole Grain Cereal, Variety Juice & Variety Milk.

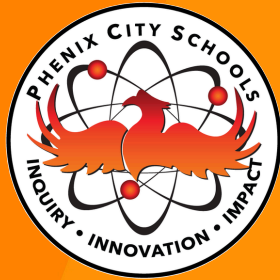
**Lunch Choices Served Daily:** Variety Fruits, Vegetables, Soy Butter & Jelly Grab & GO, Salad Options, & Variety Milk .

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# January 2025

# PreK - 5th Grade Menu



## Jan

MENU 2025




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Breakfast & Lunch  
Free.

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4700.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 6 Breakfast: French Toast Sticks w/Sausage (WG) Lunch: Cheeseburger on WG Bun, Fries, Baked Beans	 7 Breakfast: Ham, Egg & Cheese Croissant (WG) Lunch: Grilled Cheese (WG), Chili con Carne, Corn, Broccoli & Cheese	8 Breakfast: Variety WG Muffin with String Cheese Lunch: WG Chicken Nuggets, French Fries, Baked Beans, WG Roll	9 Breakfast: WG Pancake Sausage on a Stick Lunch: Chicken Alfredo, Corn, Green Beans, WG Breadstick	10 Breakfast: WG Cinnamon Roll w/Icing Lunch: Pepperoni Pizza (WG), Baby Carrots, Celery, Side Salad
13 Breakfast: French Toast Sticks w/Sausage (WG) Lunch: Cheeseburger on WG Bun, Fries, Baked Beans	14 Breakfast: Ham, Egg & Cheese Croissant (WG) Lunch: Grilled Cheese (WG), Chili con Carne, Corn, Broccoli & Cheese	15 Breakfast: WG Pancakes w/Bacon Lunch: WG Corn Dog, Fries, Green Beans	16 Breakfast: Sausage Breakfast Pizza (WG) Lunch: Chicken Teriyaki, Oven Fried Rice, Steamed Broccoli, Glazed Carrots	17 Breakfast: Fruit Parfait Lunch: Cold Cut Sub, Baby Carrots & Celery, Lettuce/Tomato
 20 Breakfast: French Toast Sticks w/Sausage (WG) Lunch: BBQ Chicken Sandwich on WG Bun, Fries, Baked Beans	21 Breakfast: WG Cinnamon Bun Lunch: Cheesy Chicken Fajita, Corn, Refried Beans	22 Breakfast: BIG Breakfast, Eggs, Grits, Sausage & WG Toast Lunch: Pulled Pork Sandwich on WG Bun, French Fries, Mixed Vegetables	23 Breakfast: WG Pancake Sausage on a Stick Lunch: Oven Roasted Chicken, Black Eyed Peas, Glazed Carrots, WG Cornbread	24 Breakfast: Mini Cinnis (WG) Lunch: Pizza Crunchers, Marinara Sauce, Baby Carrots, Side Salad
27 Breakfast: French Toast Sticks w/Sausage (WG) Lunch: BBQ Chicken Sandwich on WG Bun, Fries, Baked Beans	28 Breakfast: Ham, Egg & Cheese Croissant (WG) Lunch: Grilled Cheese (WG), Chicken Noodle Soup, Baby Carrots, Side Salad	29 Breakfast: WG Pancakes w/Bacon Lunch: Hot Dog, French Fries, Mixed Vegetables	30 Breakfast: Sausage Breakfast Pizza (WG) Lunch: Spaghetti w/Meat Sauce, Corn, Green Beans, WG Breadstick	31 Breakfast: WG Cinnamon Roll w/Icing Lunch: Cold Cut Sub, Baby Carrots & Celery, Lettuce/Tomato

“WG” indicates Whole Grain items.

**Breakfast Choices Served Daily:** Variety Fruits, Variety Whole Grain Cereal, Variety Juice & Variety Milk.

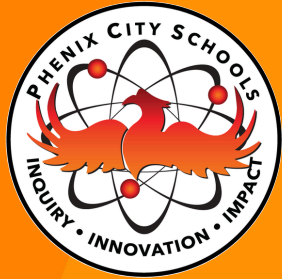
**Lunch Choices Served Daily:** Variety Fruits, Vegetables, Soy Butter & Jelly, Salad Options, & Variety Milk .

Menus Subject to change.

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# January 2025

# Creekside ELC Menu



# Jan

MENU 2025

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Breakfast & Lunch  
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4700.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 6 Breakfast: Mini Maple Pancakes (WG) Lunch: Cheeseburger on WG Bun, Fries, Baked Beans	 7 Breakfast: Variety WG Cereal with String Cheese Lunch: Grilled Cheese (WG), Chili con Carne, Corn, Broccoli & Cheese	8 Breakfast: Mini Maple Pancakes (WG) Lunch: WG Chicken Nuggets, French Fries, Baked Beans, WG Roll	9 Breakfast: Variety WG Cereal with Yogurt Lunch: Chicken Alfredo, Corn, Green Beans, WG Breadstick	10 Breakfast: Mini Berry Waffles (WG) Lunch: Pepperoni Pizza (WG), Baby Carrots, Celery, Side Salad
13 Breakfast: Mini Maple Pancakes (WG) Lunch: Cheeseburger on WG Bun, Fries, Baked Beans	14 Breakfast: Variety WG Cereal with String Cheese Lunch: Grilled Cheese (WG), Chili con Carne, Corn, Broccoli & Cheese	15 Breakfast: WG Pancakes w/Bacon Lunch: WG Corn Dog, Fries, Green Beans	16 Breakfast: Variety WG Cereal with Yogurt Lunch: Chicken Teriyaki, Oven Fried Rice, Steamed Broccoli, Glazed Carrots	17 Breakfast: Mini Berry Waffles (WG) Lunch: Cold Cut Sub, Baby Carrots & Celery, Lettuce/Tomato
 20 Breakfast: Mini Maple Pancakes (WG) Lunch: Cheesy Chicken Fajita, Corn, Refried Beans	21 Breakfast: Mini Maple Pancakes (WG) Lunch: Cheesy Chicken Fajita, Corn, Refried Beans	22 Breakfast: BIG Breakfast, Eggs, Grits, Sausage & WG Toast Lunch: Pulled Pork Sandwich on WG Bun, French Fries, Mixed Vegetables	23 Breakfast: Variety WG Cereal with Yogurt Lunch: Oven Roasted Chicken, Black Eyed Peas, Glazed Carrots, WG Cornbread	24 Breakfast: Mini Berry Waffles (WG) Lunch: Pizza Crunchers, Marinara Sauce, Baby Carrots, Side Salad
27 Breakfast: Mini Maple Pancakes (WG) Lunch: BBQ Chicken Sandwich on WG Bun, Fries, Baked Beans	28 Breakfast: Variety WG Cereal with String Cheese Lunch: Grilled Cheese (WG), Chicken Noodle Soup, Baby Carrots, Side Salad	29 Breakfast: WG Pancakes w/Bacon Lunch: Hot Dog, French Fries, Mixed Vegetables	30 Breakfast: Variety WG Cereal with Yogurt Lunch: Spaghetti w/Meat Sauce, Corn, Green Beans, WG Breadstick	31 Breakfast: Mini Berry Waffles (WG) Lunch: Cold Cut Sub, Baby Carrots & Celery, Lettuce/Tomato

“WG” indicates Whole Grain items.

**Breakfast Choices Served Daily:** Variety Fruits, Variety Whole Grain Cereal, Variety Juice & Variety Milk.

**Lunch Choices Served Daily:** Variety Fruits, Vegetables, Soy Butter & Jelly, Salad Options, & Variety Milk .

Menus Subject to change.

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